



## SELF MEDICATING POLICY

Standards and guidance for good practice clearly define the essential part of service user care to be as independent as possible. By keeping responsibility for administering any medication prescribed for them, the criteria for self medication should include:

- Service user's ability to follow instructions on bottles, Nomad<sup>®</sup> etc.
- Service user's ability to open boxes, bottles, Nomad<sup>®</sup>, independently or with aid.
- Service user's ability to store medication safely.
- Service user's personal views and rights on self medicating.
- Continued assessment on service user's ability to self medicate.

Please complete the following assessment:

- Service user understands his/her medication Yes/No
- Service user is able to self medicate Yes/No
- Service user has a clear understanding that medication supplied is for personal use only Yes/No
- Service user wishes re-ordering repeat prescription Self/SCO
- Service user's awareness that aids/assistance is available for *(please tick)*:
  - opening bottles
  - eye drops
  - inhalers Yes/No
  - dispensing times

Further information re aids is available from your local pharmacy.

Service user's ability to self medicate will be reviewed quarterly unless deterioration in skill is observed.

Service User

Signature: .....Date:.....

Service Managers

Signature: .....Date: .....